

## *Finding Something Missing: Extraordinary Talents in a Child with Autism*

*Hela Bali, MNRI® Core Specialist-in-Training, Parent, Irvine, CA, USA*



**A**t age two years and three months, my daughter Malak was diagnosed with autism so I decided to quit my job and dedicate my life to her recovery.

Nothing was important in life other than giving my child a second chance to have a normal life and getting her healthy . . . I did not know how much time, energy, or money it would take, but that became my mission in life.

I have worked on Malak's autism from every angle possible. I have read and researched everything from dietary interventions to biomedical treatments, to developmental base approaches, and play therapy.

We have done 4 years of intense therapies from HANDLE, OT, Speech, RDI (Relationship Development Intervention), Floor-time, Son-Rise, Yasko protocol, listening therapies, Brain Balance Program, Neurofeedback, hyperbaric chamber, osteopathic treatment, Brain Technologies, diets from gluten free to Body Ecology, GAPS, PH Miracle Diet, homeopathy – from classic to sequential ... I am sure I am forgetting other things we dove into trying to find answers for her. I will say we tried everything.

All that we did was helping somewhat but I always felt that my beautiful angel was still struggling. She was still toe walking, having trouble communicating, had sensitivity to certain foods, sensitivity to touch, issues with hand-eye coordination, could not enjoy playing ball with her sister, could not move forward in her swimming lessons, still had trouble coordinating her upper and lower limbs, had high anxiety, very highly sensitive auditory system, could not socialize with friends although she loved being with kids, did not know her right from her left, etc. I really felt that with all the intervention I had done, and all the knowledge I acquired all of these years trying to help my child, that there was still something missing.

I started looking further and was introduced to the word *reflex*. So I did my research, read books about primitive reflexes and reflex inhibition. I went into the path of reflex inhibition and tried it with a couple of programs offered in the Los Angeles area. We finished the program and the only thing that changed for Malak was that she started using her bike without training wheels, but she still had all her other issues. We heard about reflex integration with Quantum laser. I received training and a home program, bought a laser for \$3,400 and did the program that was supposedly dedicated to speed reflex integration for 9 months every day. We saw



Hela Bali



Malak Bali as artist.

no major changes. At that point I decided to dig further and was introduced to the Masgutova Method®. Dr. Masgutova was not local, and her last clinic of the year was in Texas. I had an urge to sign up, take my daughter, and fly to see her. I wanted the truth about my child. Every professional I have worked with never gave me the answer. She was still delayed and needed help, and I just needed to find the tools and the keys to help.

Dr. Masgutova had the answers for me, and I found out that my daughter's reflexes were very delayed across the board. MNRI® changed her life and brought her from a place of fear and anxiety to a joyful child that now is 8 and called a "Mozart little version" by her music teacher (see the letter below), a talented artist by her art teacher, and a sweet and loving girl by her family.

We have done the MNRI® Home Program for almost 3 years. We diligently do our Home Program 5 days a week. We also incorporate every other protocol of it and we see amazing changes every time we add new techniques. Malak participates in homeschool three times a week, goes to



Malak at swimming classes.

*I have been working with Malak for about a year. Malak is gifted with a rare talent that only advanced music students can acquire through years and years of training.*

*Malak possesses a perfect ear and she can immediately repeat any given music performed on piano, which is rare amongst students her age, in addition to, she plays with such expressiveness that the composition requires.*

*Malak's memorization skills are very well developed, as well, and due to her concentrated work in the classroom, she can remember any given music and play it by memory.*

*We are currently working on a vast repertoire which is considered to be very advanced for her age of a student and she is perfecting in each and every piece.*

*Sincerely,  
Prof. Ani Keropian*

a typical school twice a week, and loves to sing and compose her own music now. She wants

to specialize in music when she grows up. She swims in a regular swimming school three times a week, and is moving fast with her level (almost ready for stroke clinic). She participates in a neuro-typical art class and makes beautiful drawings full of imagination. She can verbalize her emotions now and talks a bit about it. She is not 100% conversational yet, but we get beautiful fluid communication coming from her that we never had before MNRI®. She definitely knows her right and left sides now, enjoys playing soccer with dad and sister, her anxiety is way manageable, and her mood is always happy. She is a joy to be around at school and at home. Every piece of her development is coming along. I know now that I have the right tools, the correct answers, and I am so grateful for this amazing program.

Parents out there with kids with challenges: you have to rebuild the brain from the ground up, and this is the only therapy that recognizes the importance of the brain stem. You have to work your way developmentally like nature intended. Dr. Masgutova has done all the work and research and still comes up with new techniques and answers every day. Do not underestimate the importance of reflexes and their proper integration. This is the way to recovery if you are looking for one.



*Thank you for your remarkable dedication and perseverance in finding treatment that works for your beautiful daughter. We are very happy that her many talents are now blossoming!*

*Dr. Svetlana Masgutova & MNRI® Team*