



Time Ordered Agenda
MNRI® Archetype Movements Integration
2.4 CEU
24 Contact Hours

Time period Day 1	Content
Hour 1	Movement as basis of Natural Development
Hours 2-3	Masgutova Method® of Neuromotor Reflex Integration and Archetype Movements
Hour 4	Primary and natural movements; the Archetypes of movement development
Lunch 1 hour	
Hour 5-6	Developmental mechanism of Infant Reflexes and connection to the self-regulation of the body-mind system
Hour 7-8	MNRI® Reflex Assessment for Archetype Movements, patterns, and reflexes.

Time period Day 2	Content
Hour 1-2	Movements of the body
Hour 2-3	MNRI® Assessment techniques
Hour 4	Natural flow of intentional and controlled movements
Lunch 1 hour	
Hour 5-7	Individual program development
Hour 8	Review

Time period Day 3	Content
Hour 1-2	Archetype Movements and Infant Reflex patterns
Hour 3-4	Archetype Movements and the development of lifelong reflexes
Lunch 1 hour	
Hour 5-6	Archetype Movement pattern assessment and corrective program options
Hour 7	Current Research and the Archetype Movements
Hour 8	Summarize course activities



Learning Objectives: MNRI® Archetype Movement Integration

1. Describe the innate nature of the sensory-motor reflex system and the general principles of the Masgutova Method®.
2. Explain the role of a reflex and its sensory, motor, and central nervous system mechanisms for neurodevelopment.
3. Differentiate the progression of primary movements beginning in utero and continuing through life.
4. Summarize the role the Archetype movements play in establishing a foundation for motor, cognitive, emotional, and behavioral regulation.
5. Explore the impact of Archetype movement maturation and integration on body structure, posture, motor control, behavioral, and emotional regulation of the body-mind system.
6. Describe the Archetype motor Pattern-1 for Core-Limbs Flexion-Extension and its effect of brain functioning and reflex patterns.
7. Explore the effects on brain functioning and structure of the Pattern-2 for Horizontal Spine Rotation and Locomotion.
8. Describe the structure, pattern, and effect on brain functioning of Pattern-3 for Vertical Trunk Extension.
9. Explore the structure, pattern, and effect on brain functioning of the Pattern-4 for Lateral Spine Flexion-Extension.
10. Explain the structure, pattern, and effect on brain functioning for the Pattern-5 of Homologous Movement.
11. Describe the structure, pattern, and effect on brain functioning for the Pattern-6 of Homolateral Movement.
12. Explore the structure, pattern, and effect on brain functioning for the Pattern-7 of Cross-Lateral Movements.
13. Describe the Archetype Motor Pattern-8 for Intentional Movement and the effect on brain functioning and reflex patterns.
14. Describe and implement the MNRI® Archetype assessment and integration techniques.
15. Apply direct hands-on instruction of the restoration and integration exercises, including sensory, sensory- motor, and motor modality for each of the eight archetypal movements.
16. Explore the affect of the eight archetypal movements as a change agent on the physical, emotional, social and cognitive development of the client.
17. Describe the three body structural planes and motor coordination systems (MCS; sagittal, horizontal, and dorsal) and how the eight archetypal movements effect the specific reflex development in each MCS.
18. Explain different techniques for creating an individual program for clients and home practice activities by incorporating the eight archetypal movements.