

#### **Denis Masgutov**



Denis with his son, Janek, now 8.

As most of us now know, Denis Masgutov left our world on June 7, 2016 at the age of 32. He was healthy, upbeat, working hard at the University in Moscow, and full of life. We find ourselves cherishing our memories of him and missing him greatly.

He was a shining star of MNRI® and of his family, with his mind always working to perfect techniques and innovating new ones. This loss will impact us all but he will be with us as we continue to use his techniques and remember his teaching and joy. We will work to

model his endless love and energy for helping children and adults.

A memorial page has been established here and donations can be made here to benefit individuals with PTSD from catastrophes and disasters.

# Polish MNRI research results presented



On June 3-4, 2016 Katarzyna Nowak, MNRI® Specialist and PT with the International Dr. Svetlana Masgutova Institute of Poland (top 2 photos), presented the research topic, The Impact of Therapy on the Quantitative QEEG for Children with Neurological Disorders at the Scientific Symposium 'Progress of Clinical Developmental Neurophysiology', organized by the Neurology Clinic and Rehabilitation Medical University of Bialystok, Poland in honor of their 50th anniversary. The QEEG research included data from 34 patients of the MNRI® Rehabilitation camps in Mielno led by Piotr Sobaniec, Ph.D. Preliminary analysis of 12 records indicates the normalization of a parameter of integrity (unity/absolute value asymmetry) within the anterior (ACC) and posterior (PCC) cingulate cortex for brain wave frequency of theta, alpha, beta 1, and beta 2.

The quantitative analysis of the QEEG shows: • beneficial effects of the MNRI® treatment on children with impaired neurodevelopment. • rapid reduction in beta 2 and beta 3 (20-32Hz) in

the central parts of the brain correlate clinically with slowing down the hyperexcitation, which can mean improvement of regulation in psychomotor activity and possible agitation or anxiety in the patients.

We congratulate Piotr Sobaniec, Ph.D. (bottom photo in collage, left) for carrying out the QEEG research for our MNRI® organizations, and Katarzyna Nowak, Ph.D. student, for successfully presenting the results which was received with great interest by the audience.

The Symposium was led by the President of the Medical University of Bialystok, Prof. Jacek Niklinski, and the Chairman of the Board of the Polish Association of Child Neurologists, Prof. Barbara Steinborn (link for the Symposium program is here).

# U.S. MNRI research brings successful initial results



Meanwhile, in the US, Dr. Lucas Koberda, Professor of Neurology reported, "Brainmapping was done as part of NEIRB Research of 2016-17 for SMEI at San Diego, Washington, D.C., and Orlando family conferences. This research has shown the majority of individuals had marked improvement in brain maps (n=53 individuals) after therapy when compared to brain maps before therapy. Specifically, analysis of San Diego individuals showed 74% improvement, Washington, D.C. showed 82% improvement, and

Orlando showed 90% improvement. There seems also to be a positive correlation between the degree of clinical improvement after MNRI® therapy and the degree of brain mapping response."

### **New MNRI Instructors certified**

**Kimberly Clark** (Gorham, Maine) is now a certified MNRI® Instructor in *NeuroStructural Reflex Integration*.

Kimberly graduated from the University of New England in 1992 with a Bachelors of Science in Occupational Therapy and currently owns a private OT clinic in southern Maine. In addition to her occupational therapy degree she holds additional



certifications in various manual techniques including Massage and Polarity Therapy and Biodynamic Craniosacral Therapy®. She is also a past Anatomy and Physiology instructor. She began her MNRI® training in 2009. Shannon Desilets (New Hampshire) is now a certified MNRI® Instructor for the *3-Day Reflex Integration and PTSD Recovery* class.

Shannon's background is in Physical Therapy, Craniosacral Therapy, and she is also a Certified Holistic Health Coach. She

has been our organizer for Newtown, CT/Sandy Hook post-trauma relief sessions, and she is a contributing organizer for our Orlando relief efforts. She works in both New Hampshire and Connecticut (between the two states), and she travels extensively for teaching and international at-home therapy sessions.

**Patty Shackleford** (Melrose, FL) is now a certified MNRI® Instructor for the *3-Day Reflex Integration and PTSD Recovery* class.

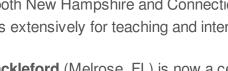
Dr. Patty works in private practice and has a Ph. D. in Psychology.

**Joan Spalding,** Ph.D, (of Boulder, CO) is now a certified MNRI® Instructor in the class on *PTSD Recovery*.

Since 2012, Joan has participated in over 1600 hours of Family Conferences doing Trauma Recovery, Breathing, Neurostructural, and Tactile. Please contact her at Joanlspalding@gmail.com to sponsor a two day Trauma Recovery workshop in your area. The cost is low in order to encourage the general public participate.

**Amy Cameron** (Raleigh, NC) is now a certified instructor in the *Parent Guide Workshop*.

Amy is the owner of Pathways Treatment Center. She is a Speech Language Pathologist and a Relationship Development Intervention Consultant.











### **MNRI to come to Iraq**

A few years ago, MNRI® Specialist, Anü Mae from Estonia visited the Sulaimaniyah (North Iraq) Medical Center (which is sponsored by the non-profit Kurdistan Save The Children organization) and worked with a baby that had significant challenges. The results made in 3 weeks time impressed Dr. Jamal Shareef, Director of this clinic. He also noted that this is a method that is not dependent upon expensive medical equipment.

Dr. Jamal (who is a Kurdish pediatrician) decided this would be important for the many children and adults needing support



in Iraq so he has recently traveled to Family Conferences in Orange County, CA and Minneapolis, MN to observe and learn. His next step is to begin classes.

We welcome Dr. Jamal to our community and wish our best for his work with his people!

# **New MNRI Core Specialists certified**



Vicky Poston Roy (Baton Rouge, LA) holds a doctorate from the University of North Carolina – Chapel Hill and is a licensed speech-language pathologist. She is the co-owner of Dynamic Therapy Specialists.

Vicky says, "I began my MNRI®

journey in 2010 when I was first introduced to it by a parent. After attending a Dynamic and Postural Reflex course with Mary Rentschler, my professional trajectory was shifted forever. I immediately came home and began talking about all I had learned and, after seeing the fruits of my labor in the clients, I knew I had to learn more. Twenty-two courses later, plus many hours of amazing hands-on opportunities have led to this day."



Karl Kaufman (Monroe, LA) says, "As a physical therapist (PT) with 18 years of experience, MNRI® shook the foundation of how I approached helping people. It did not really match up with my training as a PT so I needed to do some mental shifting based on the success I began seeing.

MNRI® has now become a part of my daily life. My family has experienced it and they are sharing with those around them. "You need to talk with my husband/dad, I really think he could help you." It is such a blessing to know that the 'tool' of MNRI® is available as part of their neurological system's healing process. This journey is only beginning!"



Laurie A. Longest (Chesapeake, VA) is a pediatric physical therapist working with Early Intervention and Outpatient children. She also has her own private practice spreading the love to adults, non-physical therapy clients, and clients who live out of town. She has been practicing MNRI® since March 2010 and continues to be amazed by it every single day.



**Amy Cameron** (Raleigh, NC) says, "As a Speech Language Pathologist specializing in autism, I spent the vast majority of my time working on communication and cognition. While seeing some nice progress, I noticed that many of my clients continued suffering from anxiety, sensory overload, and attention/focus issues. No amount of talk therapies was helping with those issues. When I found Dr. Masgutova's work, I learned about how

those issues, as well as many more stem from primary reflexes. Having a better understanding about the body and brain connection changed my whole way of thinking and doing therapy."



**Nancy Roetman** (Bloomington, MN) says: "It's a privilege and humbling to receive the status of Core Specialist. I'm full of gratitude for the privilege to be learning and giving this beautiful, gentle integrative therapy to my dear family and clients. My deepest thanks to Dr. Masgutova and to the many outstanding, loving therapists who have welcomed me in as a parent and encouraged me."



**Jenna Bradley** (Portland, ME) says: "I started my professional life with a Masters of Science in Psychology and Education and taught in the classroom for eight years.

The training experience I received from the Institute has been invaluable to my personal and professional

practice. As a mom, wife, sister, therapist, friend, and a humanitarian, I am always able to connect with others on a compassionate level with MNRI."

# **Update from Barry ZeVan**



Barry ZeVan, Consulting Vice President/Managing Director of the Masgutova Foundation, has been working on several fronts for SMEI and the Masgutova Foundation such as:

1) locating talented members for our Masgutova Foundation Advisory Board whose work it is to help bring accreditation and funding to our school and programs; the Board has met twice

2) connecting Suzanne Amanor-Wilks to important links in South Africa (see story below) so MNRI® programs have begun there

3) shepherding the MN legislative bill which is now being studied until the next session meets in January (several members of the MN legislature visited the Minneapolis Family Conference to observe MNRI® first hand)

4) developing a professional sports connection as many athletes desperately need MNRI®

5) creating a TV channel or program series with TV Positive 1.

We thank Barry for his unwavering support of MNRI®!

# **MNRI** initiatives in Africa

From Suzanne Amanor-Wilks:

I flew to Cape Town, South Africa to teach the MNRI® Dynamic & Postural Class on March 16, 2016. This class was hosted through the kind



invitation of Professor Ben Page, Head of Anatomy & Histology at the Medical Center of Stellenbosch University. It was exciting to teach the class in the next room to the Museum of Morphology where we were able to observe real brains, skulls and cadavers! The class was organized through the hard work of Marcelle Shaman who brought together a motivated, skilled, and diverse group of attendees ranging from a Doctor of Osteopathy to a Debt Consolidation Agent looking for a career change!

Class participants were excited, skilled, and passionate about learning MNRI®, remaining until 7 pm. on the last day. We set a group goal for South Africa to become the first African country to host an MNRI® Family Conference and to open the doorway to other African nations.

To this end, on March 23 I traveled to Johannesburg and met with a group of individuals who unofficially launched the South African Advisory Team dedicated to bringing MNRI® to South Africa.

Head of the Team is Yusuf Omar, former Consul General to the US. We are grateful to Mr. Omar for his guidance and international networking support in creating an MNRI® presence in Africa. Dr. Shaheda Omar, M.D., Clinical Director of a clinic for abused children, has joined his team along with other influential local individuals. We have established goals for Africa that include training local people and funding non-profit humanitarian programs.

Through Barry ZeVan, we also met with Judge LaJune Lange (of MN) at the recent Minnesotan Conference on June 27. Judge LaJune founded the International Leadership Institute



whose mission includes education, training, and building leadership in young women in Africa. She introduced us to two of her interns who were visiting Minnesota from Kenya: Grace Chepkemei Rono, Public Relations Officer and Joanne Cheptoo Kigen, Community Health Worker.

They told us that conditions for children with disabilities in Kenya are in need of improvement. Under societal and cultural pressures, parents are often ashamed of these children, home conditions are poor, and education is inaccessible. Grace shared with us that: "Our vision is to reach out to these children and give them a better life and let them receive healthcare, education, and a good life like any other child. They are lovely, loving children and, if assisted, they can learn basic skills, such as brushing their teeth, and can learn to have a place in society."

Grace, Joanne, and Judge LaJune, were able to observe at the MN Conference and were very moved. They extended a special thanks to Dr. Masgutova and Pamela Curlee. "The MNRI® program is the most wonderful I ever experienced in my life," said Grace, "I was so touched that I am praying to God for an opportunity to serve children in such a capacity."

We are discussing local training for her staff with Judge LaJune and are working toward a vision of future cooperation between our programs.

#### **PTSD Clinic for Orlando planned**

An MNRI® PTSD Clinic for all survivors and their families, first responders, and medical personnel of the Orlando disaster is planned for August 7-9, 2016. Sessions of 1½ hours will be offered at no cost to the participants.



If you have connections in the Orlando

area to anyone who has suffered PTSD as a result of this disaster, please let them know this service is available.

The Coordinator is Amy Cameron. Register by contacting Amy at aecameron@aol.com or 919-931-2819.

# **Stress Questionnaire online**

There is a Stress Questionnaire on our website that we would like you to take. It only takes a few minutes and will automatically give you results as to your stress resiliency.

It benefits us to have a large number of persons taking this questionnaire as it helps us to develop a data base. The link to it on the website is here.



### The 2016 Conference line up

#### U.S. Camps, 2016-remaining

8. San Francisco, CA Conference – 8 days – July 23-August 1
9. Orlando, FL PTSD Clinic – 3 days – For survivors of Orlando tragedy – August 7-9
10. Madison, WI Conference – 5 days – September 9-14
11. Washington, D.C. Conference – 5 days – October 7-12

12. Orlando, FL Conference – 8 days – October 18-27

#### International Camps, 2016

- 3. September 18 October 11, 2016 in Mielno, Poland
- 4. December 1-18, 2016 Jakarta, Indonesia (Class and Camp)

# **Upcoming events**

For further information about any of these events, see this link:

**Class:** Jul 11-14, 2016 : MNRI® Dynamic & Postural Reflex Pattern Integration Zuid-Holland, The Netherlands | Sharon Heller, Christine Poulin

**Class:** Jul 14-17, 2016 : MNRI® Dynamic & Postural Reflex Pattern Integration Burke, VA | Mary Rentschler

**Class:** Jul 15-16, 2016 : MNRI® Tactile Integration Zuid-Holland, The Netherlands | Sharon Heller, Christine Poulin

Jul 23 - Aug 1, 2016 : 8 Day MNRI® Family Educational Conference - SF San Francisco, CA | Dr. Svetlana Masgutova

**Class:** Jul 26-27, 2016 : MNRI® Reflex Integration: Maximizing Brain Potential Reeves, LA | Tina Marks / Lisa Ortega

**Class:** Aug 3-4, 2016 : MNRI® Reflex Integration: Maximizing Brain Potential Ann Arbor, MI | Tina Marks

August 7-9, 2016 : MNRI® PTSD Clinic for victims of Orlando catastrophe Orlando | Dr. Svetlana Masgutova

**Class:** Aug 12-14, 2016 : MNRI® Visual & Auditory Reflexes Integration Tyler, Texas | Sharon Heller

**Class:** Aug 18-21, 2016 : MNRI® Lifelong Reflex Integration Boulder, CO | Pamela Curlee **Class:** Aug 18-19, 2016 : MNRI® Tactile Integration St. Augustine, FL | Dr. Patty Shackleford

**Class:** Aug 24-25, 2016 : MNRI® Tactile Integration Slovenia, EU | Pamela Curlee

**Class:** Aug 25-26, 2016 : MNRI® Reflex Integration: Maximizing Brain Potential La Crosse, WI | Tina Marks

**Class:** Aug 26-28, 2016 : MNRI® Facial Reflex Integration-Level 1 Minneapolis, MN | Lori Burgess & Brea Maday

**Class:** Aug 27-29, 2016 : MNRI® Reflex Integration Disorder & PTSD Recovery Slovenia, EU | Pamela Curlee

**Class:** Aug 27-28, 2016 : MNRI® Tactile Integration Baton Rouge, LA | Sharon Heller

Sep 9-14, 2016 : **5 Day MNRI® Family Conference- Madison, WI Madison, WI** | Dr. Svetlana Masgutova

**Class:** Sep 9-11, 2016 : MNRI® Visual & Auditory Reflexes Integration Rogers, Arkansas | Lori Burgess & Brea Maday

**Class:** Sep 16-17, 2016 : MNRI® Tactile Integration Noblesville, IN | Suzanne Amanor-Wilks

**Class:** Sep 17-18, 2016 : Trauma Recovery Workshop Orlando, FL | Patty Shackleford

**Class:** Sep 17-19, 2016 : MNRI® Archetype Movement Integration Durango, CO | Pamela Curlee

**Class:** Sep 21-24, 2016 : MNRI® Dynamic & Postural Reflex Pattern Integration Ann Arbor, MI | Dawn Burnell-Powers

**Class:** Sep 22-25, 2016 : MNRI® Dynamic & Postural Reflex Pattern Integration Hollywood, Florida | Dr. Leah Light

**Class:** Sep 23-25, 2016 : MNRI® Facial Reflex Integration-Level 1 Cedar Rapids, IA | Lori Burgess & Brea Maday

**Class:** Sep 24-25, 2016 : MNRI® Tactile Integration Portland, Maine | Sharon Heller

**Class:** Sep 24-27, 2016 : MNRI® IPET Archetype Movement Integration Orlando, FL | Pamela Curlee

**Class:** Sep 28 - Oct 1, 2016 : MNRI® Dysfunctional & Pathological Reflex Repatterning and Integration Ann Arbor, MI | Dawn Burnell-Powers

**Class:** Sep 29 - 30, 2016 MNRI Tactile Integration Minneapolis, MN | Suzanne Amanor-Wilks

**Class:** Oct 6-9, 2016 : MNRI® Dynamic & Postural Reflex Pattern Integration | Minneapolis, MN | Suzanne Amanor-Wilks

Oct 7-12, 2016 : **5 Day MNRI® Family Educational Conference-Washington**, **DC area Washington**, **DC** | Dr. Svetlana Masgutova

**Class:** Oct 7-8, 2016 : Trauma Recovery Workshop Lafayette, LA | Patty Shackleford

**Class:** Oct 14-16, 2016 : MNRI® Archetype Movement Integration Cedar Rapids, IA | Pamela Curlee

**Class:** Oct 15-16, 2016 : MNRI® Tactile Integration Chesapeake, VA | Sharon Heller

**Class:** Oct 17-19, 2016 : MNRI® Facial Reflex Integration-Level 1 Croatia | Lori Burgess & Brea Maday

Oct 18-27, 2016 : 8 Day MNRI® Family Educational Conference - Orlando Orlando, FL | Dr. Svetlana Masgutova

**Class:** Oct 21-23, 2016 : MNRI® Oral-Facial Reflex Integration-Level 2 Slovenia, EU | Lori Burgess & Brea Maday

**Class:** Nov 4-6, 2016 : MNRI® Visual & Auditory Reflexes Integration Orlando, FL | Dr. Leah Light

**Class:** Nov 4-6, 2016 : MNRI® Proprioceptive & Cognitive Integration Portland, Maine | Shannon Desilets

**Class:** Nov 6-7, 2016 : MNRI® Upper Limbs Reflex & Manual Skill Integration Zuid-Holland, The Netherlands | Dr. Svetlana Masgutova

**Class:** Nov 11-13, 2016 : MNRI® Reflex Integration and PTSD Recovery Grayslake, IL | Pamela Curlee

**Class:** Nov 12-13, 2016 : MNRI® Reflex Integration: Maximizing Brain Potential Sarasota, FL | Dr Patty Shackleford

**Class:** Nov 17-20, 2016 : MNRI® Dynamic and Postural Reflex Pattern Integration Hawaii | Pamela Curlee

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