

# 6-Step MNRI® - Stress Resilience and Physical Well-being (Online)



**Dates:** April 10-11, 2020

**Location:** Online Course

## Course Overview:

Reflexes are at the foundation of everything that we do, therefore we offer this class for you to experience the inner-support that is felt when resetting and integrating these primary reflexes of the body. Looking for clarity of thinking, reduction of panic and stress, and improve cognitive and physical functions? Start here and now.

## Learner Objectives:

As a result of this presentation, the participant will be able to:

1. Demonstrate the reflex pattern of Trunk Extension for the foundation to stabilize Fear Paralysis.
2. Demonstrate the reflex pattern of Fear Paralysis and integrate the Fear Paralysis response to stressors.
3. Demonstrate the reflex pattern of Spinal Galant in order to relax the body thereby allowing clarity of thought and action.
4. Demonstrate the reflex pattern of Moro and integrate the responses to visual, auditory and kinesthetics stimulus.
5. Demonstrate the reflex pattern of Landau in order to integrate the foundation of the feeling of joy.
6. Demonstrate the reflex pattern Bonding (Embracing Squeeze only) in order to relax the entire body through proprioceptive input, which establishes the foundation of safety.

## Course Format:

Access links to the online course will be provided prior to the first day of class.

Agenda:

Day 1:

Hour 1. Trunk Extension (offers a foundation to stabilize Fear Paralysis)

Hour 2. Fear Paralysis (integrates the Fear Paralysis response to stressors)

Hour 3. Spinal Galant (relaxes anxiety in the body thereby allowing for clarity of thought and action)

Day 2:

Hour 4. Moro (integrate responses to visual, auditory and kinesthetics stimulus)

Hour 5. Landau (integrates the foundation for feelings of joy)

Hour 6. Bonding (Embrace squeeze) (relaxes the entire body through proprioceptive stimulus— establishing a foundation of safety)

Course Hours: 6

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**Financial Disclosure:** receives a stipend based upon an enrollment percentage.

**Non-financial Disclosure:**

**Course Disclosure:** *The Svetlana Masgutova Educational Institute has developed and patented a licensed technology trademarked as MNRI®. Because there are no other like-kind products available, course offerings will only cover information that pertains to the effective and safe use of the above-named products. This presentation will focus exclusively on MNRI® and will not include information on other similar or related products or services.*

**Special Needs Requests:** If you require special accommodations, please notify SMEI at [events@masgutovamethod.com](mailto:events@masgutovamethod.com) at the time of registration so that needed accommodations can be made prior to the course.

**Course Completion Requirements:** Full attendance is required to receive a certificate of completion and any available credit hours or CEUs.

**Target audience:**

Speech Language Pathologists, Speech Language Pathologist Assistants, Occupational Therapists, Certified Occupational Therapy Assistants, Nurses, Physical Therapists, Physical Therapist Assistants, Educators, Psychologists, Physicians, Massage Therapists, Mental Health Counselors, Other Health Care Providers, Parents.

**Additional Information and Registration:**

For more information or to register, visit <https://masgutovamethod.com/events?1719>.

You can also contact the local MNRI® coordinator for this course:

*Candice Allain • [candice@masgutovafoundation.org](mailto:candice@masgutovafoundation.org) • 833-764-6674*