

MNRI® Archetype Movement Integration

Dates: October 7-9, 2022

With Theresa Fischer

Location: Russellville, AR



Course Overview:

Archetype Movement Program techniques work to activate and engage archetype movements that, for various reasons, have remained dormant in the body. Archetype *movements*, less complex in nature than motor reflex *patterns* or *schemes*, are among the first reflexive movements to develop and emerge. Once engaged, archetype movements remain present and active in the body, allowing normal range and flexibility of motion while providing support, balance, and stability for the upper and lower, left and right, and front and back parts of the body. Archetype motor movements also play a subordinate role in the maturation and integration of progressively more complex reflexes, including primary motor reflex patterns, motor reflex schemes, and the development of learned motor skills. If an archetype movement is not appropriately engaged, its impact can be great given the subordinate role it plays in maturation and development. We encourage parents and professionals interested in learning more about the MNRI Method and its various programs to attend this course early on, given the fundamental role it plays in overall development.

The MNRI® Archetype Movement Integration course explores:

- The general MNRI Method and the role played by the Archetype Movement Program
- The progression of motor movements beginning in utero and continuing through life
- Archetype motor movements and how they relate to primary motor reflex patterns and important coordination systems
- The role archetype motor movements play in establishing a foundation for motor, communication and cognitive development, and emotional and behavioral regulation
- MNRI techniques designed to assess and facilitate the maturation and integration of archetype motor movements
- How to create MNRI archetype maturation programs for individual clients
- How to incorporate use of the MNRI Archetype Motor Movement course content into daily client and home practice

Learning Objectives: MNRI® Archetype Movement Integration

1. Discuss the innate nature of the sensory-motor reflex system and the general principles of the Masgutova Method®.
2. Explain the role of a reflex and its sensory, motor, and central nervous system mechanisms for neurodevelopment.

3. Differentiate the progression of primary movements beginning in utero and continuing through life.
4. Summarize the role the Archetype movements play in establishing a foundation for motor, cognitive, emotional, and behavioral regulation.
5. Explain the impact of Archetype movement maturation and integration on body structure, posture, motor control, behavioral, and emotional regulation of the body-mind system.
6. Discuss the Archetype motor Pattern-1 for Core-Limbs Flexion-Extension and its effect of brain functioning and reflex patterns.
7. Explain the effects on brain functioning and structure of the Pattern-2 for Horizontal Spine Rotation and Locomotion.
8. Discuss the structure, pattern, and effect on brain functioning of Pattern-3 for Vertical Trunk Extension.
9. Explain the structure, pattern, and effect on brain functioning of the Pattern-4 for Lateral Spine Flexion-Extension.
10. Explain the structure, pattern, and effect on brain functioning for the Pattern-5 of Homologous Movement.
11. Discuss the structure, pattern, and effect on brain functioning for the Pattern-6 of Homolateral Movement.
12. Explain the structure, pattern, and effect on brain functioning for the Pattern-7 of Cross-Lateral Movements.
13. Discuss the Archetype Motor Pattern-8 for Intentional Movement and the effect on brain functioning and reflex patterns.
14. Describe and implement the MNRI® Archetype assessment and integration techniques.
15. Apply direct hands-on instruction of the restoration and integration exercises, including sensory, sensory-motor, and motor modality for each of the eight archetypal movements.
16. Explain the effect of the eight archetypal movements as a change agent on the physical, emotional, social and cognitive development of the client.
17. Discuss the three body structural planes and motor coordination systems (MCS; sagittal, horizontal, and dorsal) and how the eight archetypal movements affect the specific reflex development in each MCS.
18. Explain different techniques for creating an individual program for clients and home practice activities by incorporating the eight archetypal movements.

Course Agenda:

Hour 1: Movement as basis of Natural Development

Hours 2-3: Masgutova Method® of Neuromotor Reflex Integration and Archetype Movements

Break

Hour 4: Primary and natural movements; the Archetypes of movement development

Hours 5-6: Developmental mechanism of Infant Reflexes and connection to the self-regulation of the body-mind system

Break

Hours 7-8: MNRI[®] Reflex Assessment for Archetype Movements, patterns, and reflexes.

Hour 9: Movements of the body

Break

Hour 10: Movements of the body

Hour 11: Movements of the body

Hour 12: Natural flow of intentional and controlled movements

Break

Hours 13-15: Individual program development

Break

Hour 16: Review

Hours 17-18: Archetype Movements and Infant Reflex patterns

Break

Hours 19-20: Archetype Movements and the development of lifelong reflexes

Hour 21: Archetype Movement pattern assessment and corrective program options

Break

Hour 22: Archetype Movement pattern assessment and corrective program options

Hour 23: Current Research and the Archetype Movements

Hour 24: Summarize course activities; questions/answers

Financial Disclosure: Theresa Fischer receives a stipend based upon an enrollment percentage.

Non-financial Disclosure: No relevant relationship exists.

Course Disclosure: *The Svetlana Masgutova Educational Institute has developed and patented a licensed technology trademarked as MNRI®. Because there are no other like-kind products available, course offerings will only cover information that pertains to the effective and safe use of the above-named products. This presentation will focus exclusively on MNRI® and will not include information on other similar or related products or services.*

Special Needs Requests: If you require special accommodations, please notify SMEI at events@masgutovamethod.com at the time of registration so that needed accommodations can be made prior to the course.

Course Completion Requirements: Full attendance is required to receive a certificate of completion and any available credit hours or CEUs.

Target audience:

Speech Language Pathologists, Speech Language Pathologist Assistants, Occupational Therapists, Certified Occupational Therapy Assistants, Nurses, Physical Therapists, Physical Therapist Assistants, Educators, Psychologists, Physicians, Massage Therapists, Mental Health Counselors, Other Health Care Providers, Parents.

Assessments:

In Person Courses: Self Assessment and technique demonstration.

On line Courses: Self Assessment and technique demonstration.

Additional Information and Registration:

For more information or to register, visit <https://masgutovamethod.com/events?2347>.

You can also contact the local MNRI® coordinator for this course:

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