

# MNRI® Treasure Box to Facilitate Learning

Date: June 18, 2023

Online Course With Helena Björelius



## Course Overview:

A 6-hour online course using self-initiated reflex patterns in a standing or sitting position to assist with learning, planning, and the development of inner control are some of the most important functions of the brain and are the basis of successful learning. The development of academic skills depends on the appropriate development of the brainstem and sensorimotor integration. The early movements, prime motor and reflex patterns offered in this class is the foundation of human development. Successful formation of these abilities ultimately depends upon the physiological maturation of the brainstem (extrapyramidal nerve net) for movement, behavioral and learning challenges often result when reflex patterns do not develop properly, are immature, and / or are poorly integrated in comparison with typical patterns of development. In addition, primary reflex patterns may not function appropriately following significant life stressors and / or trauma that children and adults may experience. In fact, data collected from thousands of MNRI sessions over the past 20 years has demonstrated that as the number of non-integrated primary motor reflex patterns in neurotypical children increase, the number and severity of learning challenges correspondingly increase. This class explores the role primary movements and reflexes play in developing higher order cognitive functions including focusing, long-term memory, rational thinking, planning, decision-making, and behavioral and emotional regulation.

MNRI® Treasure Box to Facilitate Learning course explores:

- The theoretical and physiological basis of the MNRI Method and the role primary sensori-motor reflex integration plays in learning
- The progression of primary skills necessary for optimal learning
- MNRI® techniques designed to re-pattern and integrate specific reflex patterns
- Discussion on how to create MNRI® reflex integration programs for individual students / clients
- Demonstrations on how to incorporate this program into daily school, clinic and home practice

## Learner Objectives:

Upon successful completion of the 6 hours for the MNRI Treasure Box to Facilitate Learning course, participants will:

1. Describe how the Masgutova Neurosensorimotor Reflex Integration (MNRI®) method is based on activation of the innate nature of the sensory- motor reflex system to increase self-regulation.
2. Explain how the six primary motor patterns as first biomechanics of development of all movements can restore healthy neurosensorimotor integration of reflex patterns, motor coordination, and skills affecting cognitive functioning and neurodevelopment overall.

3. Explore the maturational role primary sensory- motor reflexes play in the formation of specific academics and social skill sets that affect self-regulation in a classroom setting.
4. Explain how the lack of consistent development of primary sensory-motor reflexes and archetypal movements impact the development of positive learning, behavioral and social skills.
5. Describe the specific MNRI "techniques used in dealing with unique and challenging situations in the classroom as well as specific techniques for working with children and adults diagnosed with ADD, ADHD, Dyslexia, Dyspraxia, Post-Trauma, Anxiety, ??PTSD, and other challenges.
6. Explore how to use the knowledge received in this class in large and small group situations as well as on an individual basis.
7. Apply and practice hands-on training provided for each of the six primary motor patterns and these reflex patterns: Hands Grasp, Finger Squeeze, Hands Supporting, Foot Guard, Automatic Walking, Asymmetrical Tonic Neck, Spine Side Flex, Bonding, Confidence Response, and Eye Tracking & Convergence / Divergence.

**Course Format:**

This course will be offered on the Zoom platform. Access links to the course will be provided prior to the first day of class.

**Agenda:**

Hour 1. Intruduction to MNRI®

Hour 2. MNRI® Techniques: Explanation, Demonstration, Practice

Hour 3. MNRI® Techniques: Explanation, Demonstration, Practice

BREAK

Hour 4. MNRI® Techniques: Explanation, Demonstration, Practice

Hour 5. MNRI® Techniques: Explanation, Demonstration, Practice

Hour 6. Review of Techniques, Game activities, Question/Answers

Course Hours: 6

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**Financial Disclosure:** Helena Björeljus receives a stipend based upon an enrollment percentage.

**Non-financial Disclosure:** No relevant relationship exists.

**Course Disclosure:** *The Svetlana Masgutova Educational Institute has developed and patented a licensed technology trademarked as MNRI®. Because there are no other like-kind products available, course offerings will only cover information that pertains to the effective and safe use of the above-named products. This presentation will focus exclusively on MNRI® and will not include information on other similar or related products or services.*

**Special Needs Requests:** If you require special accommodations, please notify SMEI at [events@masgutovamethod.com](mailto:events@masgutovamethod.com) at the time of registration so that needed accommodations can be made prior to the course.

**Course Completion Requirements:** Full attendance is required to receive a certificate of completion and any available credit hours or CEUs.

**Target audience:**

Speech Language Pathologists, Speech Language Pathologist Assistants, Occupational Therapists, Certified Occupational Therapy Assistants, Nurses, Physical Therapists, Physical Therapist Assistants, Educators, Psychologists, Physicians, Massage Therapists, Mental Health Counselors, Other Health Care Providers, Parents.

**Additional Information and Registration:**

For more information or to register, visit <https://masgutovamethod.com/events?2482>.

You can also contact the local MNRI® coordinator for this course:

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